

# SPONHuset MENU

## COFFEE

COFFEE W/REFILL	38,-
CAFÉ LATTE	48,-
CAPPUCCINO	48,-
ICE COFFEE	48,-
ESPRESSO SINGLE/DOUBLE	38/42,-

Flavours: caramel, chocolate, chili  
Can also be made with oatmeal- or lactose free skimmed milk

## OTHER DRINKS

TEA W/REFILL	38,-
HOT CHOCOLATE W/CREAM	39,-
SOLBÆRTODDY	38,-
IMSDAL STILL WATER	39,-
SPARKLING WATER	46,-
SODA, 0,5	46,-
TINE ICE COFFEE	39,-
ICE TEA PEACH, 0,33	39,-
CHOCOLATE MILK, 0,33	34,-
SOLRIK JUICE	34,-
ECOLOGICAL JUICE F/ROTVOLL	47,-

## ALCOHOL

WHITE WINE, glass	96,-
RED WINE, glass	96,-
DAHLS BEER, 0,5	91,-
JUICY IPA BEER, 0,5	91,-
1664 BLANC BEER, 0,33	87,-

## NON-ALCOHOL

MUNKHOLM BEER, 0,33	72,-
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## PASTRIES

½ WAFFEL W/JAM & SOUR CREAM OR CHEESE Allergiens: gluten, egg, milk	49,-
CINNAMON BUN Allergiens: gluten, egg, milk, traces of nuts, traces og sesam og traces of soya	46,-
SCONES W/WHITE CHOCOLATE & CRANBERRIES Allergiens: gluten, egg, milk, soya, traces of nuts	42,-
OATMEAL COOKIE Allergiens: gluten, egg, milk	38,-
CHOCOLATE CHIP COOKIE Allergiens: gluten, egg, milk, soya	38,-
BERLINER DOGHNUT W/RASBERRY OR VANILLA FILLING Allergiens: gluten, egg, milk	37,-
MUFFIN BLUEBERRY OR LEMON Allergiens: gluten, egg, traces of milk, traces of nuts	39,-
GRAIN MUFFIN Allergiens: gluten, egg, milk, traces of soya	43,-
CROISSANT HAM & CHEESE OR DRY-CURED HAM & BRIE (+3,-) Allergiens: gluten, egg, milk	36,-

## CAKES

HOMEMADE CARROTCAKE Allergiens: gluten, egg, milk	68,-
APPLE CAKE W/ICE CREAM AND WHIPPED CREAM Allergiens: gluten, milk, egg, traces of nuts	79,-
TRIPLE CHOCOLATE CAKE Allergiens: gluten, milk, egg, soya, traces of nuts	68,-
SUGARFREE MOCHA CAKE Allergiens: egg, milk, gluten, maltitol	53,-
VEGAN BROWNIE Allergiens: nuts	53,-



## SNACKS

<b>CHOCOLATE BAR</b>	<b>31,-</b>
<b>POTATO CHIPS</b>	<b>35,-</b>
<b>CHOCOLATE MUFFIN</b>	<b>31,-</b>

Allergiens: gluten, milk, soya, eggs, traces of nuts, traces of sesam

## GLUTEN FREE

<b>CINNAMON ROLL</b>	<b>43,-</b>
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Allergiens: traces of egg

<b>CHOCOLATE MUFFIN</b>	<b>43,-</b>
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Allergiens: egg, traces of milk

<b>BLUBERRY MUFFIN</b>	<b>43,-</b>
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Allergiens: egg

<b>VEGAN BROWNIE</b>	<b>53,-</b>
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Allergiens: nuts

<b>BAGUETTE</b>	<b>65,-</b>
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W/HAM & CHEESE OR  
SPEKESKINKE & BRIE  
Allergiens: egg, butter (milk)



## LUNCH DISHES

<b>½ WHOLEWHEAT-BUN</b>	<b>64,-</b>
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M/DRY-CURED HAM & BRIE OR HAM & CHEESE  
Allergiens: gluten, sesam, traces of nuts, traces of milk, traces of soya

<b>CHICKEN WRAP</b>	<b>69,-</b>
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M/MANGO DRESSING, SALAD, RUCOLA, CUCUMBER,  
RED BELL PEPPER, RED ONION, CHICKEN  
Allergiens: gluten, dressing (milk)

<b>FOCACCIA</b>	<b>149,-</b>
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W/CHICKEN, DRY-CURED HAM & BRIE OR HAM & CHEESE  
Allergiens: gluten, milk, traces of soya

<b>CHICKEN SALAD W/BREAD &amp; BUTTER</b>	<b>159,-</b>
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SALAD, RUCOLA, CHICKEN, RED BELL PEPPER, CUCUMBER, RED ONION,  
HOME MADE CROUTONS, SPROUTS, FETA CHEESE  
SERVED WITH MANGO DRESSING OR PESTO (+3,-)  
Allergiens: gluten, egg, milk, traces of nuts and sesam

<b>CHICKPEA SALAD W/BREAD &amp; BUTTER</b>	<b>159,-</b>
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SALAD, RUCOLA, CHICKPEAS, PINE NUTS, RED BELL PEPPER, CUCUMBER,  
RED ONION, HOME MADE CROUTONS, SPROUTS  
SERVED WITH VEGAN FRENCH DRESSING (+3,-)  
Allergiens: bread (traces of milk), crutons (traces of nuts and sesam)

<b>TOMATO BASED VEGETABLE SOUP W/BREAD &amp; BUTTER</b>	<b>135,-</b>
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Allergiens: soup (no known allergies), bread (gluten, traces of egg,  
traces of milk, traces of sesam, traces of nuts)

<b>TOMATO BASED VEGETABLE SOUP W/COFFEE &amp; WAFFEL</b>	<b>175,-</b>
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Allergiens: soup (no known allergies), bread (gluten, traces of egg,  
traces of milk, traces of sesam, traces of nuts),  
waffel (gluten, egg milk)

*ALL SALADS AND SOUPS CAN BE SERVED WITH GLUTEN FREE BREAD AND VEGAN BUTTER*

<b>PIZZA</b>	<b>149,-</b>
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W/HAM & RED BELL PEPPER  
W/CHAMPIGNON, TOMATO & RED BELL PEPPER  
Allergiens: gluten, milk, sesam seed

<b>PIZZA-SLIZE</b>	<b>40,-</b>
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<b>PANCAKE W/BLEUBERRY JAM &amp; SUGAR 60GR</b>	<b>27,-</b>
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Allergiens: gluten, milk

